



University Council

October 13, 2023

UNIVERSITY CURRICULUM COMMITTEE – 2023-2024

Susan Sanchez, Chair

Agricultural and Environmental Sciences – Kylee Duberstein

Arts and Sciences – Jonathan Haddad (Arts)

Paula Lemons (Sciences)

Business – Karen Aguar

Ecology – Amanda Rugenski

Education – Amy Murphy

Engineering – Kun Yao

Environment and Design – Katherine Melcher

Family and Consumer Sciences – Sheri Worthy

Forestry and Natural Resources – Gino D'Angelo

Journalism and Mass Communication – Yan Jin

Law – Joe Miller

Pharmacy – Michelle McElhannon

Public and International Affairs – Rongbin Han

Public Health – Pamela Orpinas

Social Work – Harold Briggs

Veterinary Medicine – Shannon Hostetter

Graduate School – Rodney Mauricio

Ex-Officio – Provost S. Jack Hu

Undergraduate Student Representative – Gabriella Lewis

Graduate Student Representative – Kelsey Wohlford

Dear Colleagues:

The attached proposal from the Mary Frances Early College of Education for a new Minor in Sport Coaching will be an agenda item for the October 20, 2023, Full University Curriculum Committee meeting.

Sincerely,

Susan Sanchez, Chair

cc: Provost S. Jack Hu

Dr. Marisa Pagnattaro

## PROPOSAL FOR MINOR PROGRAM OF STUDY

1. **School/College:** Mary Frances Early College of Education
2. **Department/Division:** Kinesiology
3. **Minor Name:** Sport Coaching
4. **Proposed Effective Date:** Fall 2024
5. **CIP:** 13131401
6. **Which campus(es) will offer this program:** Athens

**7. Program Description:**

The minor in Sport Coaching is designed to support students' exploration, understanding, and development of knowledge and skills essential for coaching sport at multiple levels and across many sports. Students will learn about the scientific foundations of sport coaching and articulate these principles as they reflect on their experience implementing evidence-based practices designed to develop skills, habits, and practices to support their own and their athletes' development.

Situated within the field of sport pedagogy, sport coaching extends beyond sport-related content knowledge and encompasses the elements of motivation, inclusion, and instruction. A minor in Sport Coaching is a natural complement for students interested in education, positive youth development, human services, and various therapeutic and professional careers.

Upon completion of the minor in Sport Coaching, the student will be able to:

- Recognize and situate the theoretical and empirical foundations that currently guide sport coaching practice and education;
- Identify and describe the professional opportunities and career development in coaching;
- Describe basic components of key content areas of motivation and sport and apply this knowledge appropriately in real-world settings;
- Interpret, describe, and analyze the most salient issues in various areas of coaching and coaching education research;
- Identify individual differences among people with regard to motivation and sport;
- Identify and discuss rules, gameplay, and classification systems for a variety of adapted sports;
- Plan and deliver quality disability sports sessions to young athletes with disabilities in a recreational context;
- Discuss conceptualizations of disability, including the social and medical models of disability discourse in relation to sport coaching;
- Discuss various conceptualizations of inclusion in adapted physical activity contexts;
- Discuss factors related to physical activity engagement for individuals with disabilities;
- Discuss disability perspectives on adapted sport;
- Reflect on current research in adapted physical education and activity and identify strengths, weaknesses, and strategies for improvement; and
- Develop a detailed coaching plan, including sample coaching session plans.

## 8. Program of Study:

### Required Courses (15 hours)

KINS 4450E, Initiating Motivation for Change in Health, Exercise, and Sport (3 hours)

KINS 5190/7190, Research in Coaching and Coach Education (3 hours)

KINS 5450, Internship in Kinesiology (1-15 hours; complete 3 hours)

KINS 5680/7680, Adapted Sport and Physical Activity (3 hours)

KINS 5930E/7930E, Research Literature in Sport Coaching and Coaching Education (3 hours)

A grade of “C” (2.0) or better must be earned in each course that is to be counted towards the minor.

### Student Demand

The faculty in Kinesiology have proposed this minor based on student demand and inquiry for a minor of this nature. Demand for this program is illustrated by two data sets. The first data come from a recent survey of Kinesiology majors that revealed a robust interest in a Sport Coaching minor (see Figure 1). Of the 320 respondents, 285 (89.1%) indicated some level of interest. Of those, 153 would be “very interested” and 86 would be “interested.” A second data set supporting the demand for a Sport Coaching minor comes from enrollment numbers in KINS 5190/7190. This course has seen an increase in undergraduate enrollment for the last four years (Table 1).

Figure 1.

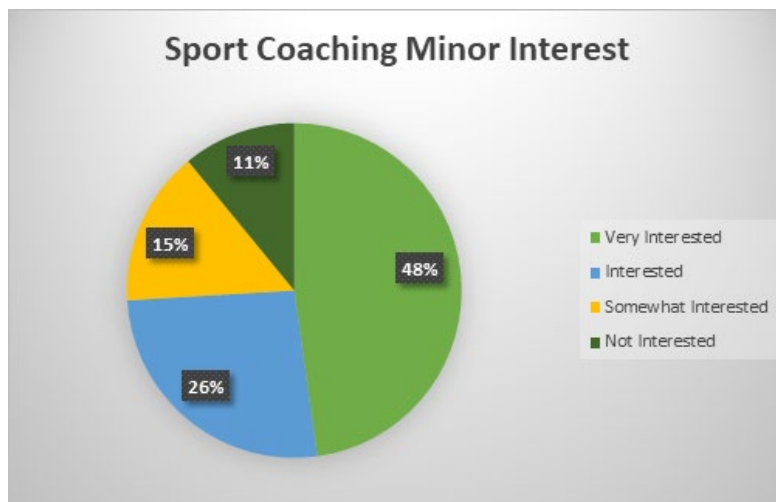


Table 1.

<i>Term</i>	<i>KINS 5190 Total Enrollment</i>
Spring 2020	34
Spring 2021	35
Spring 2022	34
Spring 2023	41

## Documentation of Approval and Notification

**Proposal:** Minor in Sport Coaching

**College:** Mary Frances Early College of Education

**Department:** Kinesiology

**Proposed Effective Term:** Fall 2024

### Approvals:

- Kinesiology Department Head, Dr. Jamie Cooper, 8/22/2023
- Mary Frances Early College of Education Associate Dean, Dr. Stacey Neuharth-Pritchett, 9/25/2023
- Mary Frances Early College of Education Dean, Dr. Denise Spangler, 9/25/2023