



UNIVERSITY OF
GEORGIA

University Council

October 10, 2025

UNIVERSITY CURRICULUM COMMITTEE – 2025-2026

Susan Sanchez, Chair

Agricultural and Environmental Sciences – Julie Campbell

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Paula Lemons (Sciences)

Business – Andrew Miller

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Education – Amy Murphy

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Journalism and Mass Communication – Yan Jin

Law – Joe Miller

Medicine – Erica Brownfield

Pharmacy – Duc Do

Public and International Affairs – Ryan Powers

Public Health – Heather Padilla

Social Work – Jennifer Elkins

Veterinary Medicine – Paul Eubig

Graduate School – Rodney Mauricio

Ex-Officio – Provost Benjamin Ayers

Undergraduate Student Representative – Ella Colker

Graduate Student Representative – Yaw Buabeng

Dear Colleagues:

The attached proposal from the College of Family and Consumer Sciences to offer a Minor in Behavioral Health will be an agenda item for the October 17, 2025, Full University Curriculum Committee meeting.

Sincerely,

Susan Sanchez, Chair

cc: Provost Benjamin Ayers

Dr. Marisa Anne Pagnattaro

PROPOSAL FOR MINOR PROGRAM OF STUDY

1. **School/College:** College of Family and Consumer Sciences
2. **Department/Division:** Human Development and Family Science
3. **Minor Name:** Behavioral Health
4. **CIP:** 19070100
5. **Proposed Effective Date:** Fall 2026
6. **Which campus(es) will offer this program?** Athens

7. Program Description:

The proposed Minor in Behavioral Health is designed to engage students in the comprehensive study of mental, emotional, and behavioral well-being, including the role of addictions and recovery. Students will be equipped with the knowledge, skills, and attitudes necessary to promote holistic health and wellness in individuals, families, and communities. Through a multidisciplinary approach, the proposed minor will foster professional development through critical thinking, empathy, and cultural humility in addressing the complex factors influencing health and well-being across the lifespan.

Minor Objectives:

Students will be introduced to behavioral health and will develop:

- a comprehensive understanding of the principles and practices related to mental, emotional, and behavioral health, including addictions and how they relate to emotional well-being.
- critical thinking skills, empathy, and cultural competence in addressing diverse health challenges, including addictions and their interplay with health and well-being.
- knowledge, skills, and attitudes in interdisciplinary collaboration and holistic approaches to behavioral health care.

8. Program of Study/Requirements:

Include prefixes, numbers, and titles of required courses, as well as total credit hours (must be 15 hours). Include any residency requirements or grade requirements.

Students must earn a grade of "C-" (1.7) or better in each minor course.

Required Courses (9 hours)

- HDFS 2200, Lifespan Development (3 hours)
- HDFS 3100, Introduction to Behavioral Health (3 hours) – **NEW***
- HDFS 3200, Substance Use and Other Addictive Behaviors within Family Systems (3 hours) – **NEW**
OR ECHD 3170, Drug and Alcohol Abuse Issues (3 hours)

Elective Courses (6 hours)

Choose two of the following courses:

- EPSY 3600-3600L, Science and Practice of Health and Well-Being (3 hours)
- IHDD 2001, Introduction to Disability (3 hours)
- HDFS 4080/6080, Contemporary Topics in Child Development: Risk and Resilience (3 hours)
- HDFS 4200/6200, Health Technology, Ethics, and Human Development (3 hours)
- HDFS 4700, Creativity and Mindfulness in Behavioral Health (3 hours) – **NEW**
- HDFS 5100, Prevention and Intervention in Human Development and Family Science (3 hours)
- HPRB 3010, Health Promotion in Public Health (3 hours)
- HPRB 5210, Substance Use and Misuse (3 hours)
- PSYC 3230, Psychopathology (3 hours)
- PSYC 3300, Social and Personality Development (3 hours)
- SOCI 3100, Medical Sociology (3 hours)
- SOCI 4000, Society, Bodies, and Health (3 hours)

**The department plans to revise the course number for HDFS 3100, Introduction to Behavioral Health, to HDFS 3000.*

Documentation of Approval and Notification

Proposal: Minor in Behavioral Health

College: College of Family and Consumer Sciences

Department: Human Development and Family Sciences

Proposed Effective Term: Fall 2026

School/College:

- Head of the Department of Human Development and Family Sciences, Dr. April Few-Demo, 9/19/2025
- College of Family and Consumer Sciences Dean, Dr. Anisa Zvonkovic, 9/19/2025

Notification:

- School of Social Work Associate Dean, Dr. Rachel Fusco, 10/7/2025
- Mary Frances Early College of Education Associate Dean, Dr. Stacey Neuharth-Pritchett, 10/2/2025
- College of Public Health Associate Dean, Dr. Erin Lipp, 10/7/2025
- Head of the Department of Health Promotion and Behavior, Dr. Lucy Annang Ingram, 10/7/2025

Use of Course Notification:

- Head of the Department of Psychology, Dr. Malissa Clark, 9/20/2025
- Head of the Department of Health Promotion and Behavior, Dr. Lucy Annang Ingram, 10/7/2025
- Head of the Department of Counseling and Human Development Services, Dr. George McMahon, 9/9/2025
- Head of the Department of Sociology, Dr. William Pridemore, 9/18/2025